

- Dudley Counselling Service are a Team of Qualified Experienced Counsellors who work within the Ethical Framework for Good Practice of the British Association for Counselling and Psychotherapy.
- Dudley Counselling Service use Counselling, Therapeutic Group work and Play Therapy to work with children from the age of 2, young people and adults on a range of issues from short term to complex mental health difficulties.
- Issues that are regularly supported through Dudley Counselling Service include: bereavement, gender, sexuality, self-esteem, self-harm, anxiety, anger, abuse, separation and attachment issues.
- Dudley Counselling Service deliver Counselling to school staff, carers and parents providing mental health support for a range of issues to support their emotional health and wellbeing.

For Further details - phone: 01384 814359

Email: cs@dudley.gov.uk

Providing:

- Counselling, Play Therapy and Therapy.
- Counselling and Play Therapy with ages 2 to adult with individuals, therapeutic group work and family groups.
- Support for children, young people, parents and school staff
- A flexible service delivering Counselling and support in school, online and telephone.
- Training such as supporting attachment through play, living with domestic violence.
- Support on critical incidents and other events in school needing emotional support.

For Further details - phone: 01384 814359

Email: cs@dudley.gov.uk



Counselling and Therapeutic Support for Early Years Staff and Parents

Email: Lyndsey.gilroy@dudley.gov.uk



Our support is staffed by qualified counsellors and available to Dudley Early Years Staff and Parents of Early Years Children free of charge. Funding currently secured until April 2022

Email the service using the above contact details and you will be contacted to arrange support.

We will be able to offer a supportive conversation, provide strategies and activities, and signpost you to local and national services and resources when appropriate.

Staff emailing the service with child name and details will need to have completed a request for involvement form with the parent before the details are shared. These can be provided on request.

All contact is confidential, and all contact will comply with GDPR requirements.

