

Who do I ask for help?

You can talk with someone who you are familiar with - a teacher, health professional or support worker who will be able to help.

You can also contact your local Family Centre and ask to speak to a Duty Worker that will be able to provide lots of advice around Early Help and how it might be able to support you.

To find out more visit www.dudley.gov.uk/earlyhelp or contact your local family centre.

Dudley Early Help and Family Centres



Who Are We?

The Family Centres are a service within Dudley that work together with a range of other agencies and organisations.

Our aim is to give children, young people and their families access to the best Early Help services and opportunities at places that are most convenient for them.

We currently have five Family Centres around the borough that can offer support to you and your family:

Dudley North Family Centre

Bayer Street, Coseley WV14 9DS
Tel No: **01384 813096**

Dudley Central Family Centre

Selbourne Road, Dudley DY2 8LJ
Tel No: **01384 812440**

Brierley Hill Family Centre

Parkes Street, Brierley Hill DY5 3DY
Tel No: **01384 813322**

Stourbridge Family Centre

Forge Road, Stourbridge DY8 1XF
Tel No: **01384 818780**

Halesowen Family Centre

Lye By Pass, Lye DY9 8HT
Tel No: **01384 813954**



What do we offer?

We offer the following support for children and young people aged Birth to 18 years or to 25 years for those with learning difficulties or disabilities:

- Parenting Groups
- Baby Clinics
- Citizens Advice
- Pre Natal support
- Signposting to Services and Groups
- Family Support Work

How else can we help?

Our teams are made up of staff from a range of backgrounds and experiences. We aim to offer Early Help to families to prevent any difficulties getting worse.

Early Help is here to find out what is working well in your family and what things you might be worried about, it can help to build on your family's strengths and identify any needs.

There are lots of reasons families choose Early Help support, we are not here to judge you, to tell you what to do or pretend we can solve all of the challenges that you face.

We will, however, work alongside you, support you and do whatever we can to help you and your family achieve the best possible outcomes.

Why would I need Early Help?

The type of things that Early Help can support you with include:

- Worries about your child's health development or behaviour
- Worries about how your child is doing at school
- Worries about money or housing and how that is affecting you
- Your child and family may be affected by domestic abuse, drugs, alcohol, ill health or crime

Early Help can give you the tools to solve challenges or problems you are experiencing with help from others where needed.